



SCOUTING
IRELAND

Backwoods

Adventure

Skills 1-9



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Stage 1

I know what kinds of clothes to wear when going out into nature.

I know how to prepare food for cooking.

I know what a basic survival kit should contain.

I know how to behave safely around fires

I know how to use hand tools safely

I can build a simple shelter

I have participated in at least two backwoods activities

Stage 2

I know how to prepare food for cooking.

I know what a basic survival kit should contain.

I know how to behave safely around fires.

I know how to use hand tools safely.

I can build a simple shelter.

I know how cook some food using tin foil instead of pots and pans.

I know the important things to remember when building a simple shelter using plastic sheeting.

I know how to treat simple cuts and scratches in a hygienic way.

I know how to set up a fireplace and assist in fire lighting.

I can prepare and cook food properly in backwoods conditions.

I know about food hygiene in the outdoors.

I can use hand tools correctly.

I have attended at least an additional two backwoods activities.

Stage 3

I know how different weather conditions can affect a backwoods activity.

I know how to get help when someone is in trouble.

I know the main principles of "Leave No Trace".

I can build a shelter for six people.

I can use camp tools safely on camp.

I know about food storage.

I can light a fire using natural tinder, fuzz sticks and matches.

I can make a simple fish hook.

I can prepare my own survival kit.

I can teach another Scout about preparing a survival kit.

I have attended at least an additional three backwoods activities.

Stage 4

I know what equipment I need to bring with me on a backwoods activity.

I know how to set up a tarp bivvy shelter suitable for two people.

I know how to prepare a fire place and light and maintain a fire using minimum resources.

I can make simple containers using natural materials

I know how to treat cuts and minor burns.

I can make camp bread such as twists and scones.

I know about nature and what you are likely to see and experience as part of a backwoods activity

I can find directions by using star constellations and the sun/watch method.

I have attended at least one backwoods based overnight activity.

Stage 5

I know how to use and care for tools of all kinds safely.

I know how to build a backwoods shelter using natural materials and how to return this material to nature.

I know how to cook a variety of foods using different backwoods methods.

I know the safety considerations that are necessary before embarking on any activity or adventure.

I can make a length of cordage using naturally found fibers.

I can light a fire using flint and steel.

I can make myself comfortable on an overnight backwoods adventure using available natural materials.

I can carve a wooden spoon from a piece of wood.

I have attended backwoods based activities lasting at least two nights.

Stage 6

I know what Team and personal equipment is necessary for a successful backwoods activity.

I know all of the elements of the "Leave no Trace" programme.

I can identify edible fruits and berries that are found in nature.

I can prepare the foods I find in nature for cooking.

I can find my way using natural direction indicators.

I can catch and prepare a fish for cooking.

I have led at least one backwoods activity.

Stage 7

I know a number of ways of constructing shelters and bivvys.

I know the likely hazards that may be present in woodland and open countryside.

I know how to light and maintain a fire using friction methods.

I know how to live in the countryside without disturbing the balance of nature in any way.

I know how to make utensils by carving and by other methods.

I cook a meal without using common utensils.

I have led at least one overnight backwoods or survival based activity.

Stage 8

I know a number of ways of constructing shelters capable of being used for a number of nights.

I know how to prepare, cook and store food in backwoods conditions.

I know the different edible foods that can be eaten safely in the wilds.

I hold a first aid certificate (outdoor) or equivalent REC 3.

I know how to make a variety of tools, and useful gadgets to survive in nature over a period of time.

I can live comfortably in a number of different natural situations, with minimal equipment.

I have led at least three backwoods adventures

I have participated in a survival weekend activity

Stage 9

I have run at least two backwoods skills training sessions for my Scout Group/County.

I have participated in a survival activity outside my usual Scouting environment.