



SCOUTING  
IRELAND

# Rowing

# Adventure

# Skills 1-9



## Table of Contents

<i>Stage 1</i> .....	5
I can assist in the launching of a small punt. ....	5
I know about the buddy system. ....	5
I know the importance of a Personal Flotation Device. ....	5
I know the correct clothing to wear when going afloat. ....	5
I can row a small punt. ....	5
I can point out the bow, stern, transom, port and starboard of a boat. ....	5
I know how to contact the emergency services. ....	5
I know why it is important to stay with a capsized boat. ....	5
I know why I should follow directions from my instructor. ....	5
I know not go afloat if the wind is greater than Force 4. ....	5
I can show the limits of where I may go each time I go afloat. ....	5
I have taken part in two half-day exercises afloat. ....	5
<i>Stage 2</i> .....	5
I can assist in the launch and recovery of a small punt. ....	5
I can explain impact on local vegetation launching & retrieving a punt. ....	5
I have discussed “Weil’s disease” and the precautions needed. ....	5
I can put on my own PFD and adjust it properly. ....	5
I know why I should wear suitable footwear. ....	5
I can make a recognised distress signal. ....	6
I know how to raise the alarm if I see somebody in difficulty. ....	6
I know what hypothermia is. ....	6
I know that I should keep clear of channels and fairways. ....	6
I can get a weather forecast. ....	6
I can tie the round-turn-and two-half-hitches, figure of eight, Bowline. ....	6
I have taken part in four half-day exercises afloat. ....	6
<i>Stage 3</i> .....	6
I can take a leading part in the launch & recovery of a small rowing punt. ....	6
I know why wearing layers of clothing is a good idea. ....	6
I can embark, manoeuvre and disembark from a rowing punt safely. ....	6
I can point out the main parts of a boat. ....	6
I can use a small anchor from a punt. ....	6
I can get into the water from a punt in a safe way. ....	6
I can help to right a capsized rowing punt. ....	6
I know how to do CPR and place the casualty in the recovery position. ....	6
I know that I should follow the instructions of the person in charge of the boat. ....	6
I understand the terms used in a maritime weather forecast. ....	6
I have taken part in three full day exercises afloat. ....	7
<i>Stage 4</i> .....	7
I can assist in the launch and recovery of a rowing boat. ....	7
I know the main principles of “Leave No Trace”. ....	7
I know that there are different types of PFD & know their uses. ....	7
I can explain why wearing the correct outerwear is important. ....	7
I can demonstrate how to manoeuvres a rowing boat as a member of the crew. ....	7
I can pick up a mooring from a punt. ....	7
I can help another person safely into a punt from the water. ....	7
I can coil a line and heave it to a casualty to affect a simulated rescue. ....	7
I know the safety precautions required for water based activities. ....	7
I know the Beaufort wind scale up to Force 6. ....	7
I can describe how often high and low tides take place, and their implications. ....	7
I know that where I may go boating may change in different conditions. ....	7
I have taken part in six full-day exercises afloat. ....	7
<i>Stage 5</i> .....	7

I can assist in the launch and recovery of a rowing boat. ....	7
I know the main principles of “Leave No Trace”. ....	8
I know that there are different types of PFD & know their uses. ....	8
I can explain why wearing the correct outerwear is important. ....	8
I can demonstrate how to manoeuvres a rowing boat as a member of the crew. ....	8
I can pick up a mooring from a punt. ....	8
I can help another person safely into a punt from the water. ....	8
I can coil a line and heave it to a casualty to affect a simulated rescue. ....	8
I know the safety precautions required for water based activities. ....	8
I know the Beaufort wind scale up to Force 6. ....	8
I can describe how often high and low tides take place, and their implications. ....	8
I know that where I may go boating may change in different conditions. ....	8
I have taken part in six full-day exercises afloat. ....	8
<b>Stage 6</b> .....	<b>8</b>
I can take a leading part in the launch & recovery of a rowing boat. ....	8
I can carry out the routine inspection of a PFD. ....	8
I can take the helm of a rowing boat & carry out the required manoeuvres incl steering with a compass. ...	8
I can take a leading part in anchoring a rowing boat including knowing how & when to use a tripping line. ...	9
I have taken part in Man-Over-Board exercises. ....	9
I know what causes tides & how spring & neap tides might affect sailors. ....	9
I can recognise the main weather patterns illustrated by a synoptic chart & can interpret the forecast. ....	9
I can identify common weather conditions & describe how they may affect boating activities. ....	9
I am familiar with the main features of restricted waters as defined for my group. ....	9
I know how & when to make distress & urgency calls & ‘Safety Announcements’ on Marine VHF. ....	9
I have taken part in eight full-day exercises afloat. ....	9
I have taken part in one expedition afloat. ....	9
I have instructed at least four people in four of the areas up to Stage 3. ....	9
<b>Stage 7</b> .....	<b>9</b>
I can take a leading part in the manual handling of a rowing boat ashore ensuring safe handling procedures. ....	9
I can take a leading part in preparing a rowing boat for safe transportation by road. ....	9
I know under which circumstances different PFD are appropriate. ....	9
I can take charge of a rowing boat & carry out the required manoeuvres, including towing, to a high standard. ....	10
I can take a leading part in selecting a good anchorage. ....	10
I can take charge of a boat & respond efficiently to a (simulated) emergency. ....	10
I know what lights should be shown by the most common vessels in my area. ....	10
I know the International regulations for the Prevention of Collisions at Sea. ....	10
I can interpret the current forecast & make sound decisions on planned activities. ....	10
I know the hazards & how the weather may affect “Restricted Waters” for my group. ....	10
I know how to get suitable information for “Safe Enclosed” boating waters (e.g. For camp). ....	10
I can assist in developing a passage plan for a day trip. ....	10
I know how to read & set a chart, plot & estimate positions. ....	10
I have a working knowledge of GMDSS as it applies to EPIRBs & DSC. ....	10
I have taken part in ten full-day exercises afloat. ....	10
I have taken part in one overnight expedition afloat outside my normal boating waters. ....	10
I have instructed at least four people in at least six of the areas up to Stage 5. ....	10
<b>Stage 8</b> .....	<b>11</b>
I can take a leading part in organising the off-season storage of rowing boats. ....	11
I understand the different safety precautions that must be taken when a group of boats is operating together. ....	11
I have a good understanding of the merits of different anchor types for different locations & conditions. ....	11
I know what sound signals the most common types of vessel in my area should make. ....	11
I have researched at least five pieces of weather lore. ....	11
I am familiar with ‘Day Cruising Waters’ for my Group. ....	11

I can use the information from a charts etc., to plan an expedition in restricted waters .....	11
I have an understanding of the 'capture effect' as it applies to marine VHF. ....	11
I have taken part in ten full-day exercises afloat. ....	11
I have taken part in one overnight expedition involving more than one boat. ....	11
I have instructed at least four people in at least seven of the areas up to Stage 7.....	11
<i>Stage 9</i> .....	<i>12</i>
I can anchor a boat efficiently to two anchors. ....	12
I can improvise & deploy a sea-anchor & know what spares & tools should be carried aboard.....	12
I have completed the requirement for the Emergencies Skills Stage 7. ....	12
I know how to interact with the emergency services. ....	12
I can identify the type aspect & behaviour of vessels by day or night from lights, shapes & sounds. ....	12
I know the procedure for entry to & departure from a harbour & understand the requirement to file a passage plan under SOLAS regulations. ....	12
I can complete a rough synoptic chart from a maritime weather forecast or similar data & use this information to make sound decisions on planned activities in view of expected weather & sea conditions. ....	12
I am familiar with any local rules & bylaws that apply to Day Cruising Waters for my Group. ....	12
I can devise a pilot/passage plan & programme that plan into a GPS.....	12
I have taken part in ten full-day exercises afloat. ....	12
I have taken part in an overnight expedition in coastal waters. ....	12
I have instructed at least four people in at least five of the areas up to Stage 8. ....	12
<i>Stage 9</i> .....	<i>13</i>
I can anchor a boat efficiently to two anchors. ....	13
I can improvise & deploy a sea-anchor & know what spares & tools should be carried aboard.....	13
I have completed the requirement for the Emergencies Skills Stage 7. ....	13
I know how to interact with the emergency services. ....	13
I can identify the type aspect & behaviour of vessels by day or night from lights, shapes & sounds. ....	13
I know the procedure for entry to & departure from a harbour & understand the requirement to file a passage plan under SOLAS regulations. ....	13
I can complete a rough synoptic chart from a maritime weather forecast or similar data & use this information to make sound decisions on planned activities in view of expected weather & sea conditions. ....	13
I am familiar with any local rules & bylaws that apply to Day Cruising Waters for my Group. ....	13
I can devise a pilot/passage plan & programme that plan into a GPS.....	13
I have taken part in ten full-day exercises afloat. ....	13
I have taken part in an overnight expedition in coastal waters. ....	13
I have instructed at least four people in at least five of the areas up to Stage 8. ....	13

## **Stage 1**

I can assist in the launching of a small punt.

I know about the buddy system.

I know the importance of a Personal Flotation Device.

I know the correct clothing to wear when going afloat.

I can row a small punt.

I can point out the bow, stern, transom, port and starboard of a boat.

I know how to contact the emergency services.

I know why it is important to stay with a capsized boat.

I know why I should follow directions from my instructor.

I know not go afloat if the wind is greater than Force 4.

I can show the limits of where I may go each time I go afloat.

I have taken part in two half-day exercises afloat.

## **Stage 2**

I can assist in the launch and recovery of a small punt.

I can explain impact on local vegetation launching & retrieving a punt.

I have discussed "Weil's disease" and the precautions needed.

I can put on my own PFD and adjust it properly.

I know why I should wear suitable footwear.

I can make a recognised distress signal.

I know how to raise the alarm if I see somebody in difficulty.

I know what hypothermia is.

I know that I should keep clear of channels and fairways.

I can get a weather forecast.

I can tie the round-turn-and two-half-hitches, figure of eight, Bowline.

I have taken part in four half-day exercises afloat.

### **Stage 3**

I can take a leading part in the launch & recovery of a small rowing punt.

I know why wearing layers of clothing is a good idea.

I can embark, manoeuvre and disembark from a rowing punt safely.

I can point out the main parts of a boat.

I can use a small anchor from a punt

I can get into the water from a punt in a safe way.

I can help to right a capsized rowing punt.

I know how to do CPR and place the casualty in the recovery position.

I know that I should follow the instructions of the person in charge of the boat.

I understand the terms used in a maritime weather forecast.

I have taken part in three full day exercises afloat

## **Stage 4**

I can assist in the launch and recovery of a rowing boat.

I know the main principles of “Leave No Trace”.

I know that there are different types of PFD & know their uses.

I can explain why wearing the correct outerwear is important.

I can demonstrate how to manoeuvres a rowing boat as a member of the crew.

I can pick up a mooring from a punt.

I can help another person safely into a punt from the water.

I can coil a line and heave it to a casualty to affect a simulated rescue.

I know the safety precautions required for water based activities.

I know the Beaufort wind scale up to Force 6.

I can describe how often high and low tides take place, and their implications.

I know that where I may go boating may change in different conditions.

I have taken part in six full-day exercises afloat.

## **Stage 5**

I can assist in the launch and recovery of a rowing boat.

I know the main principles of “Leave No Trace”.

I know that there are different types of PFD & know their uses.

I can explain why wearing the correct outerwear is important.

I can demonstrate how to manoeuvres a rowing boat as a member of the crew.

I can pick up a mooring from a punt.

I can help another person safely into a punt from the water.

I can coil a line and heave it to a casualty to affect a simulated rescue.

I know the safety precautions required for water based activities.

I know the Beaufort wind scale up to Force 6.

I can describe how often high and low tides take place, and their implications.

I know that where I may go boating may change in different conditions.

I have taken part in six full-day exercises afloat.

## **Stage 6**

I can take a leading part in the launch & recovery of a rowing boat.

I can carry out the routine inspection of a PFD.

I can take the helm of a rowing boat & carry out the required manoeuvres incl steering with a compass.



I can take a leading part in anchoring a rowing boat including knowing how & when to use a tripping line.

I have taken part in Man-Over-Board exercises.

I know what causes tides & how spring & neap tides might affect sailors.

I can recognise the main weather patterns illustrated by a synoptic chart & can interpret the forecast.

I can identify common weather conditions & describe how they may affect boating activities.

I am familiar with the main features of restricted waters as defined for my group.

I know how & when to make distress & urgency calls & 'Safety Announcements' on Marine VHF.

I have taken part in eight full-day exercises afloat.

I have taken part in one expedition afloat.

I have instructed at least four people in four of the areas up to Stage 3.

## **Stage 7**

I can take a leading part in the manual handling of a rowing boat ashore ensuring safe handling procedures.

I can take a leading part in preparing a rowing boat for safe transportation by road.

I know under which circumstances different PFD are appropriate.

I can take charge of a rowing boat & carry out the required manoeuvres, including towing, to a high standard.

I can take a leading part in selecting a good anchorage.

I can take charge of a boat & respond efficiently to a (simulated) emergency.

I know what lights should be shown by the most common vessels in my area.

I know the International regulations for the Prevention of Collisions at Sea.

I can interpret the current forecast & make sound decisions on planned activities.

I know the hazards & how the weather may affect “Restricted Waters” for my group.

I know how to get suitable information for “Safe Enclosed” boating waters (e.g. For camp).

I can assist in developing a passage plan for a day trip.

I know how to read & set a chart, plot & estimate positions.

I have a working knowledge of GMDSS as it applies to EPIRBs & DSC.

I have taken part in ten full-day exercises afloat.

I have taken part in one overnight expedition afloat outside my normal boating waters.

I have instructed at least four people in at least six of the areas up to Stage 5.

## Stage 8

I can take a leading part in organising the off-season storage of rowing boats.

I understand the different safety precautions that must be taken when a group of boats is operating together.

I have a good understanding of the merits of different anchor types for different locations & conditions.

I know what sound signals the most common types of vessel in my area should make.

I have researched at least five pieces of weather lore.

I am familiar with 'Day Cruising Waters' for my Group.

I can use the information from a charts etc., to plan an expedition in restricted waters.

I have an understanding of the 'capture effect' as it applies to marine VHF.

I have taken part in ten full-day exercises afloat.

I have taken part in one overnight expedition involving more than one boat.

I have instructed at least four people in at least seven of the areas up to Stage 7.

## Stage 9

I can anchor a boat efficiently to two anchors.

I can improvise & deploy a sea-anchor & know what spares & tools should be carried aboard.

I have completed the requirement for the Emergencies Skills Stage 7.

I know how to interact with the emergency services.

I can identify the type aspect & behaviour of vessels by day or night from lights, shapes & sounds.

I know the procedure for entry to & departure from a harbour & understand the requirement to file a passage plan under SOLAS regulations.

I can complete a rough synoptic chart from a maritime weather forecast or similar data & use this information to make sound decisions on planned activities in view of expected weather & sea conditions.

I am familiar with any local rules & bylaws that apply to Day Cruising Waters for my Group.

I can devise a pilot/passage plan & programme that plan into a GPS.

I have taken part in ten full-day exercises afloat.

I have taken part in an overnight expedition in coastal waters.

I have instructed at least four people in at least five of the areas up to Stage 8.

## Stage 9

I can anchor a boat efficiently to two anchors.

I can improvise & deploy a sea-anchor & know what spares & tools should be carried aboard.

I have completed the requirement for the Emergencies Skills Stage 7.

I know how to interact with the emergency services.

I can identify the type aspect & behaviour of vessels by day or night from lights, shapes & sounds.

I know the procedure for entry to & departure from a harbour & understand the requirement to file a passage plan under SOLAS regulations.

I can complete a rough synoptic chart from a maritime weather forecast or similar data & use this information to make sound decisions on planned activities in view of expected weather & sea conditions.

I am familiar with any local rules & bylaws that apply to Day Cruising Waters for my Group.

I can devise a pilot/passage plan & programme that plan into a GPS.

I have taken part in ten full-day exercises afloat.

I have taken part in an overnight expedition in coastal waters.

I have instructed at least four people in at least five of the areas up to Stage 8.