



SCOUTING
IRELAND

Emergencies

Adventure

Skills 1-9



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Stage 1

I know what should be in my personal first aid kit.

I know the basic rules of first aid.

I know the different emergency services that are available and how and when to call them.

I know about the buddy system.

I know how to treat minor cuts.

I can get help and make a report properly if someone is hurt.

I can be responsible for my own health and safety.

Stage 2

I have made my own First Aid Kit and I know how and when to use it.

I know how and when to place someone into the recovery (safe airway) position.

I know the importance of providing shelter and insulation.

I know how to use a Scout neckerchief as a makeshift bandage in an emergency.

I understand why I should follow directions from an instructor.

I know how to keep myself safe in an emergency.

I can direct help/rescue services to a location.

Stage 3

I know how to deal with a bleeding injury and nose bleeds.

I know how to treat minor burns and sunburn.

I know the international distress signal and when to use it.

I can treat bee stings and nettle stings.

I know how to check for the A B C of basic First Aid.

I know how to use CPR.

I can assess an emergency situation quickly, and summon help.

I know how to create an escape plan for a building or activity location in case of fire.

I know how to care for an injured person until help arrives.

Stage 4

I know what should be in our team first aid kit and how to use it correctly.

I know how to move an injured person safely to shelter if appropriate or necessary.

I know how to apply bandages for different types of injury.

I know how to check if someone is choking and know how to help them.

I know how clean dirt from an eye.

I know how to recognise sprains, strains, and fractures.

I know how to deal with blisters.

I know what actions to take with suspected poisoning.

I can use various means to show the location of an accident to rescue services.

I know how to build a stretcher from improvised materials.

Stage 5

I know how to treat an eye injury.

I know what to do and what not to do in the case of emergencies.

I have acted as team first aider on at least one activity.

I know how to take care of and reassure a casualty.

I know how to recognise and assist someone suffering from the effects of asthma, epilepsy and diabetes.

I know how to deal with an accident in open countryside and how to summon help.

I know how to treat a serious bleeding injury.

I know how to escape to safety from various emergency situations.

I know how and when to use flares and other long-distance signalling devices.

Stage 6

I know how to recognise and treat shock.

I know how and when to use an AED.

I have acted as a team first aider on at least one outdoor activity.

I know how to escort and assist a casualty while they are being transported to safety.

I know how and when to use different fire extinguishers.

I know how to look for, monitor and record vital signs.

I know the causes of, how to recognise and to treat: hypothermia, hyperthermia, sunstroke, dehydration and asthma.

I know how to recognise and deal with angina and heart attacks.

I know how to record correctly everything that has happened at the scene of the accident.

I am competent in basic first aid, able to deal with emergencies, and I know when further expert help is needed.

Stage 7

I hold a First Aid certificate to REC 3 or equivalent level (Red Cross, Order of Malta, and Saint Johns Ambulance).

I can deal with emergency situations and follow best practice for First Aid.

I have acted as Section First Aider on at least 1 occasion on an adventurous outdoor activity.

I can analyse vital signs.

I know what specialised equipment I should have in my First Aid Kit and how to use and care for it.

I know how and when to call a medevac or other medical helicopters.

I can use radio communications effectively in an emergency situation.

Stage 8

I know how to treat specific injuries which may occur in my chosen area of interest.

I can carry out a risk assessment for an activity and steer clear of dangers.

I know how to deal with head, spine, chest, stomach and pelvic injuries.

I know how to educate other to the possible dangers that can be encountered and how to deal with them.

I have acted as a First Aider on at least 1 annual expedition of 5 night's duration.

Stage 9

I know how to deal with regional specific illnesses depending on my location or the location I am traveling to.

I know, understand and I am able to perform basic life support.

I know how to assess and manage risk in various and constantly changing situations.

I can constantly risk assess situations as they arise and take measures to limit injuries.

I can give immediate treatment and deal with complicated emergency situations.

I can assist a rescue team in moving a casualty to safely.

I hold a First Aid Cert at REC level 4 or equivalent.

